



Newsletter

September 2026

Joan Kirner House, Williamstown
Spotswood Community House
Altona North Community House

What's Coming Up?

- September 1 to 8. **Adult Learners Week.**
- Wednesday, September 2. **FREE! Adult Learners Week BBQ.** Sponsored by Community Bank Altona and Laverton. Joan Kirner House 12.00 pm. All welcome!
- Wednesday, September 2, 9 and 16. **FREE! Community Morning Tea.** Sponsored by Community Bank Altona and Laverton. Joan Kirner House at 11.00 am. All welcome!
- Wednesday, September 2, 9 and 16. **FREE! Willy Walking Group.** From 10.15 am to 11.00 am, starting at Joan Kirner House.
- September 19 to October 4. **Term break.**
- Friday September 25. **AFL Grand Final holiday.**
- Monday October 5. **Term four starts.**
- Wednesday, 28 October. **FREE! Victorian Electoral Commission Info Session.** 10.30 am, Joan Kirner House. Details below.



The Willy Walking Group.

NEW!

At Joan Kirner House.



DEEP REST SOUND BATH

Sarah Frost - Wholistic Health and Healing

Joan Kirner House
14 Thompson St, Williamstown
Tuesday 8th September 7PM - 8PM

\$40 Bring your mat, blanket, eye mask & anything you need to relax and feel comfortable - Booking Essential



Book Here



LEARN ABOUT ESSENTIAL OILS

DoTERRA Workshop

Curious about natural, low-tox alternatives for your home and everyday life? Join me for a free, no-pressure 1-hour workshop where I'll walk you through simple, practical ways to bring essential oils into your daily routine — from cleaning and personal care to sleep, energy and emotional wellbeing. This is purely educational — come along, ask questions, and leave with real tools and knowledge, no obligation to buy anything.

- ✓ Low-tox cleaning for your home
- ✓ Natural personal care & skincare
- ✓ Hormone balance & support
- ✓ Mental load & focus support
- ✓ Metabolic & energy support
- ✓ Deeper, more restful sleep
- ✓ Immune support for the whole family
- ✓ Emotional & mood support
- ✓ Kid-safe remedies for the family
- ✓ Recovery & movement support
- ✓ Naturally fresher, toxin-free air
- ✓ Everyday rituals for calm & connection

**Thursday
3rd September**

@ Joan Kirner House
14 Thompson St,
Williamstown
At 6pm - 7pm

REGISTER NOW



Free Session NO Obligation

NEW!

FREE!



At Joan Kirner House.



FREE!

Vote early, vote often!



At Joan Kirner House.

30-minute session will cover:

- Why voting matters.
- What support is available to help you vote with confidence.
- How you can participate in the 2026 state election.
- What's new at the 2026 state election.

No bookings necessary.

NEW!



At Joan Kirner House.



Make your voice heard

Every vote counts.

Join the Victorian Electoral Commission for a free information session on how voting works and how to take part.

Date: Wednesday 28 October.

Time: 10.30 am

Location: Joan Kirner House, 14 Thompson St. Williamsto

Victorian state election:
Saturday 28 November 2026.



vec.vic.gov.au



Get your Free Ticket by clicking on the link www.trybooking.com/POXC0



Building Financial Empowerment Free Women's Workshop

You'll learn how to:

- **Budget with confidence** — create a budget that suits your current circumstances, whether you're still working, semi-retired, or fully retired
- **Build a healthy relationship with money** — feel more at ease with financial decision-making, including if you're managing money on your own for the first time
- **Make informed financial decisions** — understand your options around superannuation, pensions, entitlements, and later-life planning
- **Put your money to work** — explore ways to make your money and savings support the life you want.



See You: Saturday 10th
October

Time: 10:30 am – 3:00pm

Where: Williamstown
Community and Education
Centre, 14 Thompson St,
Williamstown Vic

Contact:
zontamelbwest@gmail.com

Lunch: is on us

Proudly Supported
By: Make it
Happen
GRANTS



NEW!

FREE!



At Joan Kirner House.

Nature Connection with Diane



Take one hour for yourself to:-

- Slow down & calm your nervous system
- Connect with nature & others
- Improve your health & well-being



SMALL GROUP
one-hour sessions,
with certified guide



LOCATION
Inner west suburbs
of Melbourne



IN NATURE
Held at various parks,
gardens and reserves



For more information,
and to book, go to:-



Instagram: [natureconnection_diane](https://www.instagram.com/natureconnection_diane)



Email: philanddiane@optusnet.com.au

Registered Nurse Certificate of Ecotherapy

2026-27 VICTORIA IN BLOOM GARDEN COMPETITION

A gardening competition
for Victorians living in
public or community
housing

Entries open 24 August and
close 20 November 2026
To register your garden
go online, email or call
8633 4357

www.housing.vic.gov.au/vicinbloom
vicbloom@dffh.vic.gov.au

Authorised and published by the Victorian Government, 1 Treasury Place, Melbourne
© State of Victoria (2026). Design/Printing: Lifford & Co. Melbourne (03) 9445 1111

LIFE SKILLS FOR PEOPLE LIVING WITH A DISABILITY

LEARN

Life Skills for People with a Disability course—an essential program designed to build independence, confidence, and everyday competence. Gain critical skills in goal setting, technology use, use apps in mobile, cooking skills, money management, teamwork while focusing on health, wellbeing, and real-life communication and numeracy.

OVERVIEW

It is a practical, supportive course designed to build everyday life skills for people living with a disability. Focuses on confidence, independence, employability, and participation in the community.

Topics include:

- Personal goal setting, planning, and time management
- Building teamwork skills
- Basic technology and digital literacy
- Use google maps & other applications
- Learn basic hands on cooking skills
- Handling money and managing expenses
- Improving health through exercise and nutrition
- Making decisions and scheduling
- Problem-solving for everyday challenges
- Confidence building and effective communication
- Keeping up to date with current issues and trends
- Exploring job tasks and employability skills.

WHERE

**South Kingsville
Community Centre**
43 Paxton Street
South Kingsville VIC 3015
T: 9399 3000
E: programs@skcc.net.au
W: skcc.net.au



**SOUTH KINGSVILLE
COMMUNITY CENTRE**



DATES

Day: Fridays
Time: 10 am - 1 pm
Class date: 22 SEPTEMBER -
15 DECEMBER, 2026 (12 weeks)

PLEASE NOTE:

*This is a ACFE funded/ Learn Local
course & eligibility applies*

COST

\$25 Flat rate
for Concession fees (For Concession
card holders) OR Full fees

TO ENROL, PLEASE CONTACT:

South Kingsville Community Centre
email: programs@skcc.net.au
Contact no: 0393993000



This course is delivered by South Kingsville
Community Centre. Funded by Learn Local.



Building capacity for Hobsons Bay communities

expand your impact

Join FREE workshops to grow your community initiatives & bring your ideas to life!
Learn how to clarify your direction or build your team & get more people involved



Workshop Dates
Wednesdays 4pm - 6pm

- 7th Oct
- 14th Oct
- 21st Oct
- 28th Oct

Brooklyn Community Hall
35 Nolan Avenue

Community members & groups are welcome:
Neighbourhood houses, multicultural & seniors groups, youth networks, arts & culture collectives, environment groups, volunteer-led associations & more!

View full workshop details & book now. Limited places!
<https://events.humanitix.com/evi-hobsons-bay-2026>
0483 104 361 | support@jumbleads.net



jumbleads engage • educate • change • create

Make it Happen GRANTS

HOBSONSBAY CITY COUNCIL

This project is supported by Hobsons Bay City Council through its Make it Happen Grants

Are you a teacher in the Learn Local sector?

Looking to upgrade your qualifications?

Want to fast track the process?

FREE!



At Victoria University.

First class starts Monday, 28 September.

VICTORIA UNIVERSITY

Literacy in Community

4 week unit starts 28 September 2026



Have you considered undertaking post graduate studies in Education? This unit has been specifically designed for teachers and other staff in the Learn Local sector. It has a particular focus on 21st Century literacies including critical engagement with AI. Scholarships are available from the Victorian Government to pay the fees for this unit (valued at \$3250). It provides credit and a point of entry into post graduate qualifications.

Are you eligible?	Requirements
- Working in a Learn Local as a teacher, resource developer or support staff member with pre-accredited students (includes volunteers) - Have a relevant Bachelor level degree OR 5 years equivalent experience.	- VU's block model includes 11 x 3 hr sessions held over 4 weeks - Monday and Tuesday evenings for 4 weeks, Thursday evenings for 3 weeks. Classes are held 6 pm – 9 pm - First and last class are held in person at VU Nicholson St campus. The rest are conducted via Zoom. - First class Monday 28 September - Last class Tuesday 20 October

Register your interest here:
<https://www.vu.edu.au/units/literacy-in-community-eed7007>

Contact for more information:
Dr Sally Thompson
Victoria University
Email: sally.thompson@vu.edu.au

Pathways

- 12 Credit Points towards the Graduate Certificate in Education and the Master of Education.

FREE!



Altona Meadows Library.

September 4: Scams.

September 11: Passwords.

September 18: Digital footprint.

More details [HERE](#)

FRIDAY MORNING TECH CLASS

EVERY FRIDAY MORNING, 10AM TO 11AM

Join us each week as we explore a new topic to build your technology skills and confidence.

From practical tools to emerging trends, our goal is to keep you informed, engaged, and safe while navigating the digital world.

These sessions are aimed at beginners but welcome people of all skills and experience.

Book via library website, QR code or call 1300 179 944 or speak to a staff member.



WILSONS BAY LIBRARIES WILSONS BAY CITY COUNCIL



Carer Gateway Phone Counselling Service

Free, confidential counselling just for carers

Three million Australians are caring for a friend or family member.

Caring can be fulfilling but it can be stressful and isolating at times. Caring can impact a carer's wellbeing in addition to their work, study and family life. Professional, non-judgemental support can be beneficial to carers who find themselves stressed, anxious and isolated.

How can counselling help?

Our free counselling service, part of the Australian Government's suite of Carer Gateway services, provides confidential support by trained professional counsellors who understand the caring role. Our service supports carers during difficult times, across Australia, metro, regional and rural and remote.

Our Service Provides:-

- Free Phone Counselling
- Confidential Support
- Compassionate professional counsellors
- No referral needed and no waitlist
- Out-of-hours appointments

To access support, call 1800 422 737 and press Option 2, weekdays 8am to 6pm across Australia. Request a service callback at <https://counselling.carergateway.gov.au/>



Consultation at **Newport Community Hub**
(11-13 Mason Street, Newport, VIC 3015) on
Saturday 29 August, 4:00pm - 6:00pm.



Their team will be there to walk through the plans and answer questions in person.

Master Plan 2027
Have your say on the future of
Australia's largest 24-hour gateway
10 August – 4 November 2026

SCAN HERE

Upcoming community events
The Melbourne Airport team will host in-person and online engagement sessions around Melbourne from August 10.
For more information or to make a submission, scan the QR code or visit: www.melbourneairportprojectshub.com.au/master-plan

Do you speak a language other than English?
Scan the QR code to view the Major Projects Hub website in your preferred language.

The poster features a background image of an airport tarmac with a large white airplane, a blue and yellow train, an orange double-decker bus, and a white taxi.

Free webinar: From Awareness to Action: Disrupting People Causing Family Violence Harm

Free webinar offered by **Uniting VicTas**

As organisations continue to strengthen their responses to family violence, many have developed robust approaches to recognising and supporting victim-survivors. But what comes next?



Join Uniting for a thought-provoking webinar exploring how organisations can move beyond awareness and take practical action to identify, respond to and disrupt the behaviour of people using violence.

Designed for leaders and decision-makers across industries, this session will examine how organisational systems, policies and practices can either enable or disrupt family violence, and what organisations can do to strengthen their approach.

During this webinar, you'll explore:

- The evolution of organisational responsibility for family violence
- How organisational systems can be exploited by people using violence
- Practical actions organisations can take across system design, policy, training and capability
- Insights from industry and practice experts on what effective responses look like.

Register [HERE](#)

What's been happening?

Our Tahlia attended **Williamstown High School** to share with students about the services we provide to our community, as part of their **Kids in Philanthropy** program.



**WILLIAMSTOWN
HIGH SCHOOL**

Kids in Philanthropy delivers a range of school programs that engage students in social justice and support young people experiencing disadvantage.



A big THANKS for the very generous donations this month to our **Food Relief** program from Kaliope Vassilopoulos, and her mum, as well as Food Bank.



We previously had free **Hearing Australia** tests at Joan Kirner House and Altona North Community House.

This month Spotswood Community House was the host.



Thanks.

Mark.

Dr Mark Brophy PhD

Manager / CEO

Williamstown Community and Education Centre Inc.

manager@wcec.com.au

03 9397 6168.